

The fate of the false vacuum

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(1)

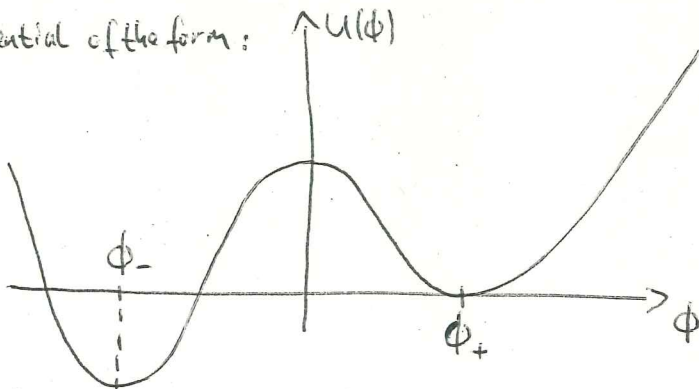
- Coleman Phys. Rev. D 15 (1977) 2929-2936
- Callan, Coleman Phys. Rev. D 16 (1977) 1762-1768 (2)
- Coleman, De Luccia Phys. Rev. D 21 (1980) 3305 (3)

Introduction

Scalar field ϕ with action

$$S = \int d^4x \left[\frac{1}{2} (\partial_\mu \phi)^2 - U(\phi) \right]$$

potential of the form:



true vacuum

false vacuum

fig. 1

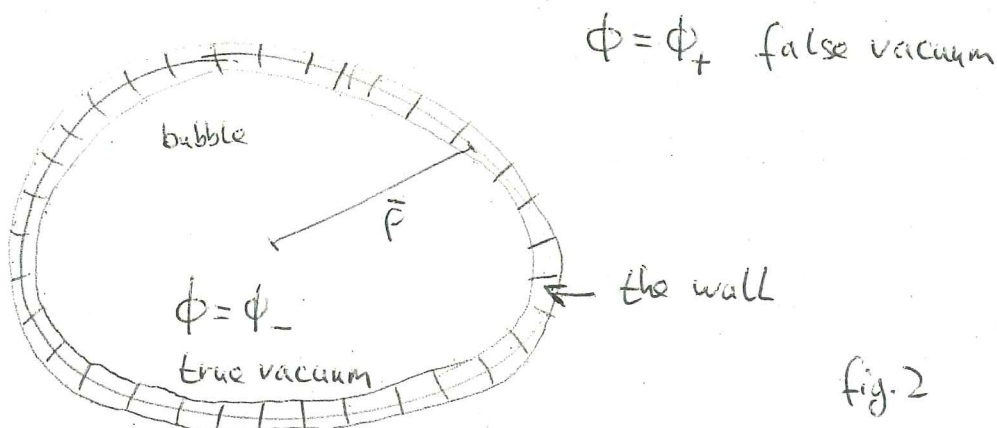
false vacuum is unstable by quantum effects \Rightarrow decays through barrier penetration

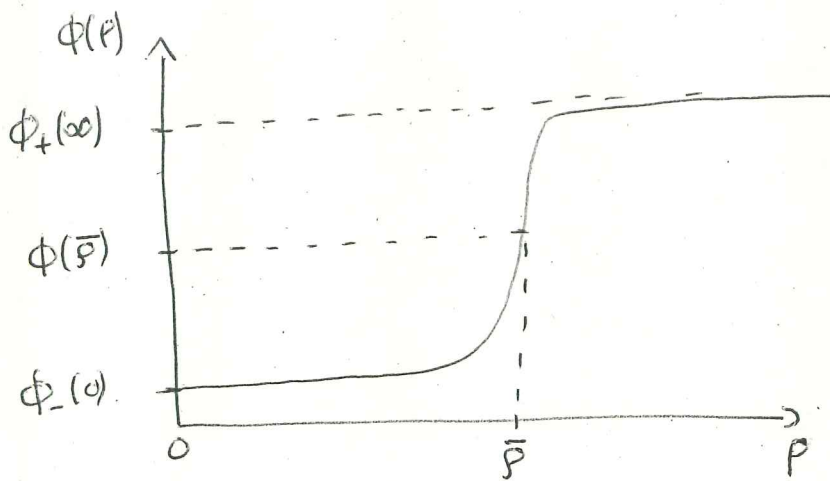
compute probability of decay per unit time per unit volume

$$\Gamma/V = A e^{-B/\hbar} [1 + O(\hbar)]$$

first compute B in (1) then A in (2)

set-up





$\phi(x)$ is $O(4)$ symmetric
 $\phi = \phi(\rho)$ with $\rho^2 = -t^2 + \vec{x}^2$

fig. 3

probability that such a bubble emerges given by Euclidean action

$$S_E = \int d^4x \left[\frac{1}{2} (\partial_\mu \phi)^2 + U(\phi) \right] \quad \eta^{\mu\nu} = \text{diag}(+1, +1, +1, +1)$$

↑
physical interaction now $-U(\phi)$

$$= 2\pi^2 \int_0^\infty \rho^3 d\rho \left[\frac{1}{2} (\phi')^2 + U(\rho) \right] \quad \phi' = \frac{\partial \phi}{\partial \rho}$$

equation of motion

$$\phi'' + \frac{3}{\rho} \phi' = \frac{\partial U}{\partial \phi} \quad \text{eq. (1)}$$

remark:

compare to e.o.m for uniform scalar field in FRW

$$\phi'' + 3H \phi' + \frac{\partial V}{\partial \phi} = 0$$

where Hubble parameter

$$H^2 = \frac{1}{3} \left(\frac{1}{2} (\phi')^2 + V(\phi) \right) - \frac{k}{a^2}$$

with $k = -1$ for open universe

and $a \sim t$ scale factor of FRW metric

\Rightarrow for small times $H \sim \frac{1}{t}$

$$\textcircled{2} \quad \phi'' + \frac{3}{t} \phi' + \frac{\partial V}{\partial \phi} = 0$$

eq. (1)

neglect term $\frac{3}{\rho} \phi'$ in e.o.m. because

- away from the wall $\phi' \approx 0$
- in the wall $\bar{\rho}$ is large

compute B:

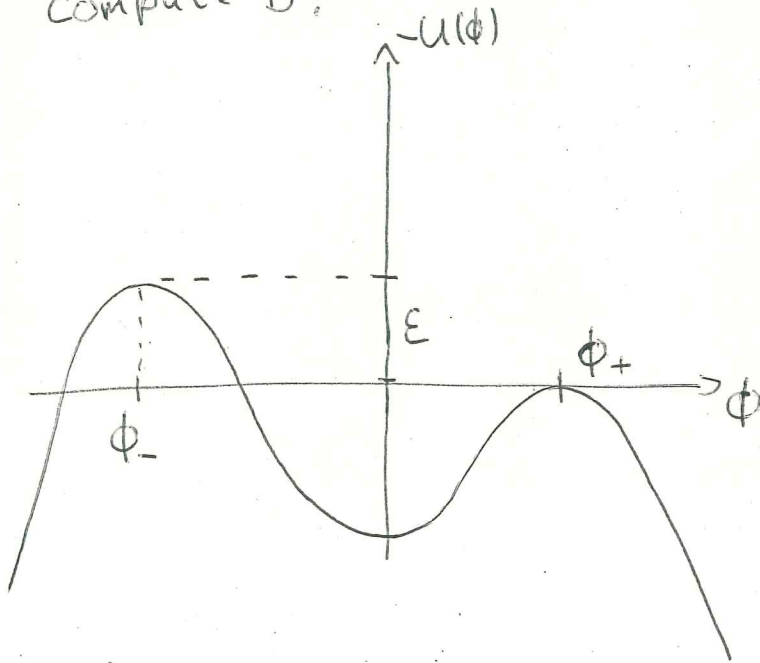


fig. 4

$$\varepsilon = U(\phi_+) - U(\phi_-) \text{ small} \Rightarrow U(\phi) = U_0(\phi) + O(\varepsilon)$$

$$\text{with } U_0(\phi_-) = U_0(\phi_+)$$

$$\text{and } \left. \frac{\partial U_0}{\partial \phi} \right|_{\phi_{\pm}} = 0$$

\Rightarrow approximate e.o.m.

$$\phi'' = \frac{\partial U_0}{\partial \phi} \quad | \cdot \phi' \text{ and integrate}$$

$$\frac{1}{2} \frac{\partial}{\partial s} (\phi')^2 = \frac{\partial U_0}{\partial \phi} \frac{\partial \phi}{\partial s} = \frac{\partial U_0}{\partial s}$$

$$\Rightarrow \frac{\partial}{\partial s} \left[\underbrace{\frac{1}{2} (\phi')^2 - U_0}_{= \text{const}} \right] = 0$$

fix constant at $\phi = \phi(\infty) = \phi_+$

$$\frac{1}{2} (\phi')^2 - U_0 = -U_0(\phi_+)$$

$$\Rightarrow \phi' = \sqrt{2(U_0(\phi) - U_0(\phi_+))} \geq 0 \quad \text{eq. (2)}$$

ϕ goes monotonically from ϕ_- to ϕ_+ as ρ increases from 0 to ∞ .

determine $\phi(\rho)$

$$d\phi = \sqrt{2(U_0(\phi) - U_0(\phi_+))} d\rho$$

$$\int_{\phi(\bar{\rho})}^{\phi(\rho)} d\tilde{\phi} [2(U_0(\tilde{\phi}) - U_0(\phi_+))]^{-1/2} = \int_{\bar{\rho}}^{\rho} d\tilde{\rho} = \rho - \bar{\rho}$$

$\bar{\rho}$ integration constant defined by $\phi(\bar{\rho}) = \frac{\phi_+ + \phi_-}{2}$

example

$$U_0 = \frac{1}{8} \lambda \left(\phi^2 - \frac{\mu^2}{\lambda} \right)^2$$

$$\Rightarrow \phi = \frac{\mu}{\sqrt{\lambda}} \tanh \left[\frac{1}{2} \mu (\rho - \bar{\rho}) \right] \quad \text{as in fig. 3}$$

now we can evaluate S_E and determine $\bar{\rho}$ by demanding that S_E is stationary under variations of $\bar{\rho}$

$$B = S_E(\phi) - S_E(\phi_+)$$

for S_E integrate $\int_0^{\infty} d\rho$

split into three regions:

- 1) outside the wall $\phi = \phi_+$
- 2) inside the bubble $\phi = \phi_-$
- 3) at the wall

$$1) \quad \underline{\phi = \phi_+} :$$

$$B_{\text{outside}} = 0$$

$$2) \quad \underline{\phi = \phi_-} :$$

$\phi' \approx 0$ inside

$$S_{\bar{E}}^{\text{inside}} = 2\pi^2 \int_0^{\bar{\rho}} \bar{\rho}^3 d\bar{\rho} \underbrace{U(\phi_-)}_{= U(\phi_+) - \epsilon} = 2\pi^2 \frac{1}{4} \bar{\rho}^4 (U(\phi_+) - \epsilon)$$

and

$$S_{\bar{E}}^{\text{inside}}(\phi_+) = 2\pi^2 \int_0^{\bar{\rho}} \bar{\rho}^3 d\bar{\rho} U(\phi_+)$$

$$\Rightarrow B_{\text{inside}} = -\frac{\pi^2}{2} \bar{\rho}^4 \epsilon$$

$$3) \quad \underline{\text{at the wall}} :$$

$$B_{\text{wall}} = S_{\bar{E}}(\phi) - S_{\bar{E}}(\phi_+) = 2\pi^2 \int_{\bar{\rho}-\delta\bar{\rho}}^{\bar{\rho}+\delta\bar{\rho}} \bar{\rho}^3 d\bar{\rho} \left(\underbrace{\frac{1}{2}(\phi')^2 + U_0(\phi)}_{= U_0(\phi) - U_0(\phi_+)} - U_0(\phi_+) \right)$$

from eq. (2)

$$= 2\pi^2 \int_{\bar{\rho}-\delta\bar{\rho}}^{\bar{\rho}+\delta\bar{\rho}} \bar{\rho}^3 d\bar{\rho} \cdot 2(U_0(\phi) - U_0(\phi_+))$$

$$\approx 2\pi^2 \bar{\rho}^3 \int_{\phi_-}^{\phi_+} d\phi \frac{\partial \bar{\rho}}{\partial \phi} \cdot 2(U_0(\phi) - U_0(\phi_+))$$

||
(2(U_0(\phi) - U_0(\phi_+)))^{-1/2}

$$= 2\pi^2 \bar{\rho}^3 \int_{\phi_-}^{\phi_+} d\phi (2(U_0(\phi) - U_0(\phi_+)))^{1/2}$$

$$\equiv S_1$$

$$= 2\pi^2 \bar{\rho}^3 S_1$$

$$\begin{aligned} \Rightarrow B &= B_{\text{outside}} + B_{\text{wall}} + B_{\text{inside}} \\ &= -\frac{\pi^2}{2} \bar{\rho}^4 \epsilon + 2\pi^2 \bar{\rho}^3 S_1 \\ &= \pi^2 \bar{\rho}^3 \left(-\frac{1}{2} \bar{\rho} \epsilon + 2 S_1 \right) \end{aligned}$$

$$\begin{aligned} \frac{\partial B}{\partial \bar{\rho}} &= -2\pi^2 \bar{\rho}^3 \epsilon + 6\pi^2 \bar{\rho}^2 S_1 \\ &= 2\pi^2 \bar{\rho}^2 (-\bar{\rho} \epsilon + 3 S_1) \stackrel{!}{=} 0 \end{aligned}$$

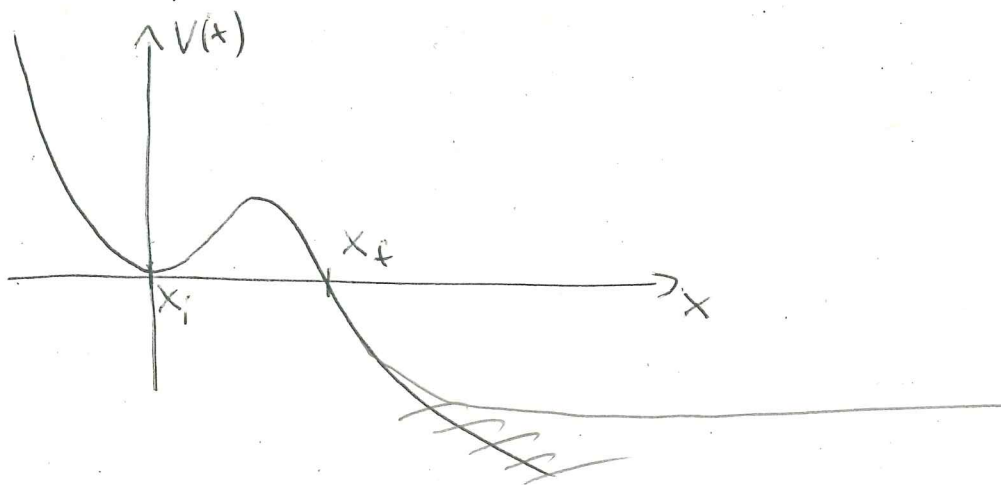
$$\boxed{\bar{\rho} = \frac{3 S_1}{\epsilon}} \quad (\bar{\rho} \text{ large if } \epsilon \text{ small})$$

insert into B:

$$\begin{aligned} B &= -\frac{\pi^2}{2} \frac{81 S_1^4}{\epsilon^4} \epsilon + 2\pi^2 \frac{27 S_1^3}{\epsilon^3} S_1 \\ &= \frac{\pi^2 S_1^4}{2 \epsilon^3} (-81 + 108) = \frac{27 \pi^2 S_1^4}{2 \epsilon^3} \end{aligned}$$

Some intuition for A and B

consider quantum mechanics of particle in potential



(one spatial dimension)

⑥

Euclidean version of Feynman's sum over histories

$$\langle x_f | e^{-HT/\hbar} | x_i \rangle = N \int [dx] e^{-S/\hbar}$$

↑
normalization

$$S = \int_{-T/2}^{T/2} dt \left[\frac{1}{2} \left(\frac{dx}{dt} \right)^2 + V \right]$$

$$x(-T/2) = x_i \quad \text{and} \quad x(T/2) = x_f$$

Permute by $\bar{x}(t)$ any function obeying the boundary conditions

$$\Rightarrow x(t) = \bar{x}(t) + \sum_n c_n x_n(t)$$

$x_n(t)$ complete set of real orthonormal functions

$$\int_{-T/2}^{T/2} dt x_n(t) x_m(t) = \delta_{mn}$$

$$x_n(\pm T/2) = 0$$

$$\Rightarrow [dx] = \prod_n (2\pi\hbar)^{-1/2} dc_n$$

then we can evaluate $\int [dx] e^{-S/\hbar}$ in the small \hbar limit:

we know

$$\frac{\delta S}{\delta \bar{x}} = - \frac{d^2 \bar{x}}{dt^2} + V'(\bar{x}) = 0$$

eq.(3)
first variation vanishes
 \Rightarrow e.o.m.

$$\frac{\delta^2 S}{\delta \bar{x}^2} \Rightarrow - \frac{d^2 x_n}{dt^2} + V''(\bar{x}) x_n = \lambda_n x_n$$

choose x_n to be eigen fcts of second variation

$$\begin{aligned}
S &= \int dt \left[\frac{1}{2} \left(\frac{d}{dt} \left(\bar{x}(t) + \sum_n c_n x_n(t) \right) \right)^2 + V \left(\bar{x}(t) + \sum_n c_n x_n(t) \right) \right] \\
&= \int dt \left[\frac{1}{2} \left(\frac{d\bar{x}}{dt} \right)^2 + \frac{d\bar{x}}{dt} \sum_n c_n \frac{dx_n}{dt} + \frac{1}{2} \sum_{n,m} c_n c_m \frac{dx_n}{dt} \frac{dx_m}{dt} \right. \\
&\quad \left. + V(\bar{x}) + \sum_n c_n x_n(t) V'(\bar{x}) + \frac{1}{2} \sum_{n,m} c_n c_m x_n(t) x_m(t) V''(\bar{x}) \right] \\
&= S(\bar{x}) + \int dt \left[-\frac{d^2 \bar{x}}{dt^2} \sum_n c_n x_n + \frac{1}{2} \sum_{n,m} c_n c_m x_n \frac{d^2 x_m}{dt^2} \right. \\
&\quad \left. + \sum_n c_n x_n V'(\bar{x}) + \frac{1}{2} \sum_{n,m} c_n c_m x_n x_m V''(\bar{x}) \right]
\end{aligned}$$

$$= S(\bar{x}) + \int dt \left[\underbrace{\sum_n c_n x_n \left(-\frac{d^2 \bar{x}}{dt^2} + V'(\bar{x}) \right)}_{=0 \text{ eq.}} \right]$$

$$+ \frac{1}{2} \sum_{n,m} c_n c_m x_n \left(\underbrace{-\frac{d^2 x_m}{dt^2} + x_m V''(\bar{x})}_{\lambda_m x_m} \right)$$

$$= S(\bar{x}) + \frac{1}{2} \int dt \sum_{n,m} c_n c_m \lambda_m x_n(t) x_m(t) = S(\bar{x}) + \frac{1}{2} \sum_n \lambda_n c_n^2$$

$$\boxed{\int dt x_n(t) x_m(t) = \delta_{nm}}$$

$$\Rightarrow \int [dx] e^{-S/\hbar} = e^{-S(\bar{x})/\hbar} \int \prod_n \frac{1}{\sqrt{2\pi\hbar}} d c_n e^{-\frac{1}{2\hbar} \sum_{n,m} c_n c_m \lambda_m x_n x_m}$$

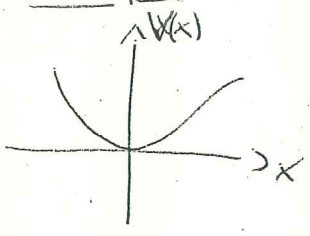
$$= e^{-S(\bar{x})/\hbar} \prod_n \lambda_n^{-1/2} + \dots$$

$$= e^{-S(\bar{x})/\hbar} \left[\det \left(-\partial_t^2 + V''(\bar{x}) \right) \right]^{-1/2} + \dots$$

one eigenvalue λ_n must be negative \Rightarrow complex

from eq. (3) $E = \frac{1}{2} \left(\frac{d\bar{x}}{dt} \right)^2 - V(\bar{x})$ constant of motion \Rightarrow decay

example



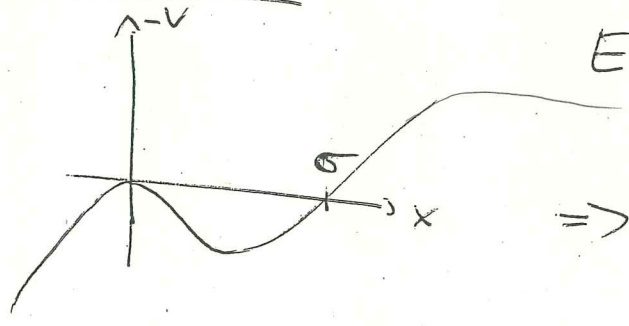
$$x_i = x_f = 0$$

$$\bar{x}(t) = 0$$

$$V''(0) = \omega^2$$

$$\Rightarrow N[\det(-\partial_t^2 + \omega^2)]^{-1/2} = \left(\frac{\omega}{\pi \hbar}\right)^{1/2} e^{-\omega T/2}$$

'the bounce'



$$E=0 \Leftrightarrow \frac{1}{2} \left(\frac{d\bar{x}}{dt}\right)^2 = V(\bar{x})$$

$$\Rightarrow B \equiv S(\bar{x}) = \int_{-\infty}^{\infty} dt \left(\frac{d\bar{x}}{dt}\right)^2 = \int_0^5 dx [2V(x)]^{1/2}$$

several bounces

- $S = nB$

- each bounce from det $\Rightarrow \left(\frac{\omega}{\pi \hbar}\right)^{1/2} e^{-\omega T/2} K^n$
 (bounces separated, potential like $V''(0) = \omega^2$) ↑
fix later

- det[...] eigen for x_1 with $\lambda_1 = 0$

$$x_1 = B^{-1/2} \frac{d\bar{x}}{dt} \quad x_1(\pm T/2) = 0$$

$$\text{and } -\frac{d^2 x_1}{dt^2} + V''(\bar{x}) x_1 = 0$$

\Rightarrow do not integrate over c_1

$$\dots \Rightarrow (2\pi \hbar)^{-1/2} dc_1 = (B/2\pi \hbar)^{1/2} dt$$

$$\int dc_1 \rightarrow \int dt_1 \dots \int dt_n = \frac{T^n}{n!} \quad \text{for } n \text{ bounces}$$

Sum:

$$\langle x_f | x_i \rangle = \sum_{n=0}^{\infty} \left(\frac{\omega}{\pi \hbar} \right)^{1/2} e^{-\omega T/2} \frac{(K e^{-B/\hbar} T)^n}{n!}$$

$$= \left(\frac{\omega}{\pi \hbar} \right)^{1/2} \exp(-\omega T/2 + K e^{-B/\hbar} T)$$

⇒ ground state energy

$$E_0 = \left(\frac{\hbar \omega}{2} - \hbar K e^{-B/\hbar} \right) (1 + o(\hbar)) \quad \text{eq. (4)}$$

determine K using one bounce solution:

$$\underbrace{\left(\frac{\omega}{\pi \hbar} \right)^{1/2} e^{-\omega T/2}}_{\text{half a Gaussian; problem in path integral}} \underbrace{J_n(K) e^{-B/\hbar} T}_{\text{one bounce}} = \underbrace{J_n(N \int [dx] e^{-S/\hbar})}_{\text{one bounce}}$$

$$N [\det(-\partial_t^2 + \omega^2)]^{-1/2}$$

half a Gaussian; problem in path integral

$$\frac{1}{2} N e^{-B/\hbar} (B/2\pi\hbar)^{1/2} T$$

$$|\det'[-\partial_t^2 + V''(\bar{x})]|^{-1/2}$$

$$\Rightarrow J_n K = \frac{1}{2} (B/2\pi\hbar)^{1/2} \left| \frac{\det'[-\partial_t^2 + V''(\bar{x})]}{\det(-\partial_t^2 + \omega^2)} \right|^{-1/2}$$

$$\Rightarrow \Gamma = -2 J_n E_0 / \hbar \quad \text{using (4)}$$

$$= (B/2\pi\hbar)^{1/2} e^{-B/\hbar} \left| \frac{\det'[-\partial_t^2 + V''(\bar{x})]}{\det[-\partial_t^2 + \omega^2]} \right|^{-1/2}$$

$$\Rightarrow \boxed{\Gamma/V = \frac{B^2}{4\pi^2 \hbar^2} e^{-B/\hbar} \left| \frac{\det'[-\partial^2 + U''(\phi)]}{\det[-\partial^2 + U''(\phi_+)]} \right|^{-1/2}}$$