

6.6.

need $H(z)$ - use Friedmann eq.: 56

$$t_0: H_0^2 + \frac{k}{a_0^2} = \frac{8\pi G}{3} \rho_0 = H_0^2 \cdot \Omega_0 \stackrel{=}{=} \frac{\rho_0}{\rho_{\text{crit}}}$$

$$t_z: H^2(z) + \frac{k}{a^2(t_z)} = \frac{8\pi G}{3} \cdot \rho(z) = H_0^2 \cdot \Omega_0 \cdot \frac{\rho(z)}{\rho_0}$$

and:

$$\frac{k}{a^2(t_z)} = \frac{k}{a_0^2} \cdot (1+z)^2$$

$$\Rightarrow H(z) = \sqrt{-\frac{k}{a_0^2} (1+z)^2 + H_0^2 \Omega_0 \frac{\rho(z)}{\rho_0}}$$

and $-\frac{k}{a_0^2} = H_0^2 (1-\Omega_0)$ 57

$$\Rightarrow H(z) = H_0 \sqrt{(1-\Omega_0)(1+z)^2 + \Omega_0 \frac{\rho(z)}{\rho_0}} \quad (22)$$

$$1-\Omega_0 = \Omega_k$$

and:

$$\Omega_0 \frac{\rho(z)}{\rho_0} = \Omega_M^0 (1+z)^3 + \Omega_r^0 (1+z)^4 + \Omega_\Lambda$$

↓
m-M vs. z - graph

eq. (20) \Rightarrow expansion age t_0 of the universe:

$$dt = - \frac{dz}{H(z) \cdot (1+z)}$$

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$$t_0 = \int_0^{z_{\text{dec.}}} \frac{dz'}{(1+z') \cdot H(z')} \quad (22)$$

and use eq. (21) for $H(z)$.

591
recall of the action principle
in GR & Euler-Lagrange eq.s
of motion:

classical mechanics:

action $S = \int dt \cdot \mathcal{L}(x, \dot{x})$

Lagrangian $\mathcal{L} = \frac{1}{2} m \dot{x}^2 - V(x)$

e.o.m.: $\frac{\delta S}{\delta x} = 0$ variational derivative

\Rightarrow write putative solution

$x = x_0(t)$ with variation δx :

$$x = x_0 + \delta x$$

$$\Rightarrow \dot{x}^2 = \dot{x}_0^2 + 2\dot{x}_0 \delta \dot{x} + \mathcal{O}(\delta x^2)$$

$$= \dot{x}_0^2 + 2 \frac{d}{dt} (\dot{x}_0 \delta x) - \ddot{x}_0 \delta x + \mathcal{O}(\delta x^2)$$

$$V(x) = V(x_0) + \frac{\partial V}{\partial x} \delta x + \mathcal{O}(\delta x^2)$$

60
 $\Rightarrow S = \int dt \mathcal{L}$
 $= \int dt \left[\frac{1}{2} m \dot{x}_0^2 - V(x_0) - \delta x \left(\ddot{x}_0 + \frac{\partial V}{\partial x} \right) + \mathcal{O}(\delta x^2) \right]$

$$\Rightarrow \frac{\delta S}{\delta x} = 0 \Leftrightarrow m \cdot \ddot{x}_0 = - \frac{\partial V}{\partial x}$$

($m \cdot a = F$)

linear field theory:

scalar field ϕ

$$S = \int d^4x \mathcal{L}(\phi, \partial_\mu \phi)$$

$$\mathcal{L} = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi)$$

$$\phi = \phi_0(x^\mu) + \delta \phi$$

$$\Rightarrow \delta S = - \int d^4x \cdot \delta \phi \cdot \left[\partial_\mu \partial^\mu \phi + \frac{\partial V}{\partial \phi} \right] + \mathcal{O}(\delta \phi^2)$$

$$\frac{\delta S}{\delta \phi} = 0$$

61

$$\Rightarrow \partial_\mu \partial^\mu \phi = - \frac{\partial V}{\partial \phi}$$

iii) GR:

Variation w.r.t. $g_{\mu\nu}$

$$\leadsto g_{\mu\nu} = g_{\mu\nu}^{(0)} + \delta g_{\mu\nu}$$

\leadsto need to vary $g \equiv \det g_{\mu\nu}$

and $\sqrt{-g}$

result:

$$\delta g = g \cdot g^{\mu\nu} \delta g_{\mu\nu}$$

$$\Rightarrow \delta \sqrt{-g} = \frac{1}{2} \sqrt{-g} g^{\mu\nu} \delta g_{\mu\nu}$$

plausibility argument:

\leadsto assume $g_{\mu\nu}$ diagonal

($g_{\mu\nu}$ is real-symmetric, so can be always diagonalized)

$$\Rightarrow g_{\mu\nu} = f_\mu \zeta_{\mu\nu} = g_{\mu\mu} \zeta_{\mu\nu}$$

62

$$\Rightarrow g = \prod_\mu g_{\mu\mu}$$

$$\Rightarrow \delta g = \sum_{\mu=0}^3 \prod_{\nu \neq \mu} g_{\nu\nu} \delta g_{\mu\mu} \\ = \underbrace{\left(\prod_{\nu} g_{\nu\nu} \right)}_{=g} \frac{1}{g_{\mu\mu}} \delta g_{\mu\mu}$$

if $g_{\mu\nu} = f_\mu \zeta_{\mu\nu}$

$$\Rightarrow g^{\mu\nu} = (g^{-1})^{\mu\nu} \begin{matrix} \frac{1}{f_\mu} g^{\mu\nu} \\ \vdots \\ \frac{1}{g_{\mu\mu}} g^{\mu\nu} \end{matrix}$$

$$\Rightarrow \delta g = g \cdot \frac{1}{g_{\mu\mu}} \delta g_{\mu\mu} = g \cdot g^{\mu\mu} \delta g_{\mu\mu}$$

$$\vdots \\ \leadsto \delta g = g \cdot g^{\mu\nu} \delta g_{\mu\nu}$$

The full gravitational + matter action is:

83

b) $\delta(\sqrt{-g} \mathcal{L}_{\text{matter}})$

84

$$S = S_{\text{E-H}} + S_{\text{matter}}$$

$$= \int d^4x \sqrt{-g} \left[\frac{1}{16\pi G_N} R + \mathcal{L}_{\text{matter}} \right]$$

$\underbrace{\hspace{10em}}_{S_{\text{E-H}}} \qquad \qquad \qquad \uparrow$

e.g.: $\frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi)$

$$\frac{\delta S}{\delta \phi} = 0 : \text{e.o.m. for } \phi$$

we now need to vary w.r.t. $g_{\mu\nu}$:

$$\begin{aligned} \text{a) } \delta(\sqrt{-g} R) &= (\delta\sqrt{-g}) \cdot R + \sqrt{-g} \cdot \delta R \\ &= \frac{1}{2} \sqrt{-g} g^{\mu\nu} R \cdot \delta g_{\mu\nu} + \sqrt{-g} (R_{\mu\nu} \delta g^{\mu\nu} + g^{\mu\nu} \delta R_{\mu\nu}) \\ &= -\frac{1}{2} \sqrt{-g} g_{\mu\nu} R \cdot \delta g^{\mu\nu} + \sqrt{-g} \cdot (R_{\mu\nu} \delta g^{\mu\nu} + g^{\mu\nu} \delta R_{\mu\nu}) \end{aligned}$$

$$\begin{aligned} &= -\frac{1}{2} \sqrt{-g} g_{\mu\nu} \mathcal{L}_{\text{matter}} \cdot \delta g^{\mu\nu} \\ &\quad + \sqrt{-g} \frac{\partial \mathcal{L}_{\text{matter}}}{\partial g^{\mu\nu}} \delta g^{\mu\nu} \\ &= \delta g^{\mu\nu} \cdot \sqrt{-g} \left(\frac{\partial \mathcal{L}_{\text{matter}}}{\partial g^{\mu\nu}} - \frac{1}{2} g_{\mu\nu} \mathcal{L}_{\text{matter}} \right) \\ &\quad \equiv T_{\mu\nu} \\ &= \delta g_{\mu\nu} \cdot \frac{2}{\sqrt{-g}} \frac{\delta(\sqrt{-g} \mathcal{L}_{\text{matter}})}{\delta g^{\mu\nu}} \\ &\quad \equiv T_{\mu\nu} \end{aligned}$$

finally:

$\delta R_{\mu\nu}$ is a total derivative, so if space-time has no boundary, then:

$$\int d^4x \sqrt{-g} \delta R_{\mu\nu} g^{\mu\nu} = 0 \quad \underline{05}$$

$$\Rightarrow \delta S = - \int d^4x \sqrt{-g} \delta g^{\mu\nu} \cdot \left[\left(-\frac{1}{2} g_{\mu\nu} R + R_{\mu\nu} \right) \frac{1}{16\pi\hbar} + T_{\mu\nu} \right] \\ + \mathcal{O}((\delta g^{\mu\nu})^2)$$

$$\leadsto \frac{\delta S}{\delta g^{\mu\nu}} = 0$$

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$$R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = -16\pi\hbar T_{\mu\nu}$$

Einstein field equations