

## Excercise Sheet 9 to General Relativity

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### 1. Change of Light Propagation Time by a Gravitational Wave

The metric for a “plus-polarized” gravitational wave of frequency  $\omega$  and amplitude  $h$  propagating in the  $z$ -direction can be written as

$$ds^2 = dt^2 - [1 + h \cos(\omega(t - z) + \phi_0)] dx^2 - [1 - h \cos(\omega(t - z) + \phi_0)] dy^2 - dz^2,$$

where  $\phi_0$  is a phase.

(a) Assuming that  $h \ll 1$  calculate the travel time of a light ray over a distance  $\mathbf{L} = L\mathbf{n}$ , where  $\mathbf{n}$  is a unit vector as a function of  $L$ ,  $\mathbf{n}$ ,  $\omega$  and  $\phi_0$  to first order in the amplitude  $h$ . Assume the condition  $\omega L \ll 1$  for the first order approximation to be good that we derived in the lecture.

(b) Determine the orientations of  $\mathbf{n}$  for which the change  $\Delta t/t$  of the light travel time relative to the light travel time  $t$  in the absence of the gravitational wave is maximal and minimal. For which orientations does  $\Delta t$  vanish ?

**please turn over**

## 2. Linearized Gravity from a Variational Principle

To first order in  $h_{\mu\nu}$  the Ricci tensor is given by

$$R_{\mu\nu}^{(1)} = \frac{1}{2} \left( -\square h_{\mu\nu} + \partial_\sigma \partial_\mu h_\nu^\sigma + \partial_\sigma \partial_\nu h_\mu^\sigma - \partial_\mu \partial_\nu h_\sigma^\sigma \right), \quad (1)$$

where all indices are raised and lowered with the Lorentz metric  $\eta_{\mu\nu}$ .

(a) Compute the Einstein tensor to first order  $G_{\mu\nu}^{(1)} = R_{\mu\nu}^{(1)} - \frac{1}{2}\eta_{\mu\nu}R^{(1)}$ .

(b) Show that  $G_{\mu\nu}^{(1)}$  can be obtained by varying the Lagrangian

$$\mathcal{L} = \frac{1}{2} \left[ (\partial_\mu h^{\mu\nu})(\partial_\nu h) - (\partial_\mu h^{\rho\sigma})(\partial_\rho h_\sigma^\mu) + \frac{1}{2}(\partial_\mu h^{\rho\sigma})(\partial_\nu h_{\rho\sigma}) - \frac{1}{2}\eta^{\mu\nu}(\partial_\mu h)(\partial_\nu h) \right], \quad (2)$$

with respect to  $h_{\mu\nu}$ , where  $h \equiv h^\sigma_\sigma$ .

## 3. Fermat's Principle for Light Rays Propagating in a Newtonian Potential

According to Fermat's principle the trajectories of light rays in a medium with refractive index  $n(\mathbf{r})$  extremize the time

$$t = \int (d\mathbf{r}^2)^{1/2} n(\mathbf{r}), \quad (3)$$

with  $d\mathbf{r}^2 = dx^2 + dy^2 + dz^2$ . Show that for the refractive index  $n(\mathbf{r}) = 1 - 2\Phi(\mathbf{r})$  this principle leads to the correct geodesic equation for photons in a Newtonian potential  $\Phi(\mathbf{r})$ .